

Name	Personal project and skill development 1 - Improvisational course and creativity
Codes	M-FR-103-IMPRO-SKILLS
Host	MA School
Location	Classroom/Studio

Course info			Subject info			
Course Type	Contact hours	Home study hours	Comprehensive Subject	Subject type	Semester	Subject credit value
Training	32	0	Personal project and skill development 1.	Compulsory	26/27 FALL	5

Recommendation
The course is particularly valuable for those seeking to develop initiative, flexible thinking, and creative problem-solving skills through experimentation and interaction. It also supports the development of interpersonal and collaborative competencies essential to contemporary design-oriented practices.

Short description
The course is structured around practice-based sessions combining improvisational exercises, reflection, and collaborative creative work. It introduces the core principles of improvisation — spontaneity, acceptance, risk-taking, support, and attention — as essential tools for creative and design-oriented thinking. Participants explore how personal attitudes shape responses to uncertainty, and learn to approach mistakes and unfamiliar situations as productive parts of the creative process. Particular focus is placed on developing spontaneity and understanding the dynamics of creativity, including creative blocks and iterative experimentation. Collaboration is treated as a central element throughout the course, especially through the improvisational principle of “Yes, and...,” which encourages openness, trust, and collective idea-building. The course concludes with practical approaches to narrative creation, examining how mistakes, disruptions, and unexpected situations can generate new creative directions and storytelling possibilities.

Teachers				
Name	Contact information	Teaching hours	Short BIO	Open hours
Nóra Palkovits	palkovits.nora@teach.mome.hu	32	She graduated in psychology and communication in the University of Pécs. She researches and applies improvisational theatre techniques for artistic and	

			educational purposes.	
Teacher 2...				

Course scheduling			
Course format		Weekly class appointments	
Group training		September 15, 22, 29 & October 6 2026 (4:40PM-7:30PM)	
Details of each session’s type and schedule, showing the teacher’s role			
Week	Date	Weekly educational content	Studio/workshop
1	September 15, 2026	The Basics of Improvisation: Introduction to the core principles of improvisation and their connection to creative and design-oriented thinking.	B_001
2	September 22, 2026	Spontaneity and the Creative Process: Exploration of spontaneity and the dynamics of creativity, including creative flow and overcoming creative blocks.	B_001
3	September 29, 2026	Collaboration in Creative Work: Development of collaborative skills through improvisational methods, with a focus on the principle of “Yes, and...”.	B_001
4	October 6, 2026	Narrative and Creative Discovery: Practical exploration of storytelling tools and the creative potential of mistakes, disruptions, and unexpected situations.	B_001
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Course completion requirements, prerequisites, and evaluation				
Students' duties				
Requirements, assignments	Form of evaluation	Evaluation criteria	Deadline	% in evaluation
Personal attendance during the sessions.				50
Interaction with fellow participants during the training				50
General requirements				
e.g. eligibility criteria for the exam, free-form description				

Course materials and literature
Mandatory literature
Course notes and presentations
Recommended literature

Learning outcomes	
Knowledge	Familiarity with the core principles and techniques of improvisational theatre. Understanding of creative processes through real-time narrative construction. Awareness of interpersonal and intrapersonal dynamics within improvisation and collaboration.
Skills	Application of improvisational methods in collaborative creative work. Development of flexible thinking and creative problem-solving abilities. Strengthening communication, adaptability, and teamwork skills.
Attitude	Openness toward experimentation, uncertainty, and unexpected solutions. Supportive and constructive engagement in collective creative processes. Willingness to approach challenges through exploration and collaboration.
Autonomy and Responsibility	Active participation in collaborative exercises and group processes. Responsibility for contributing to a supportive and creative working environment. Independent engagement in experimentation, reflection, and iterative development

Exemption
No exemption may be granted from participation in or completion of the course. Exemption may be granted from completing certain tasks or attending specific sessions. Certain tasks may be replaced by equivalent activities. Full exemption may be granted The student must discuss the details of a full or partial exemption with the instructor and the programme lead.

Curricular connections		
Subject	Parallel courses	Course proportion in subject
Personal project and skill development 1.	Personal project and skill development 1.	Must be completed with Personal project and skill development 1.
Subject prerequisites	Special subject prerequisites	Is it available as an elective?

No	No	Yes/ No
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Guidelines and rules for the use of artificial intelligence in the course
The use of artificial intelligence at the university is subject to the Artificial Intelligence and Plagiarism Policy of the Moholy-Nagy University of Arts.

Materials needed for the course	Who provides the materials?
Material requirement 1	Tech Park / Programme / Student / Other
Material requirement 2	Tech Park / Programme / Student / Other

Other information, comments
This course, and the activities carried out during it, fall under the scope of Section 6 (1) of the University's Intellectual Property Management Regulations, effective September 1, 2021. Accordingly, participating students will enter into an agreement with the University in line with Section 6 (3) of the Regulations, including the transfer of economic and usage rights of intellectual creations produced during the course to the University under the terms specified in the contract. Furthermore, the student is obligated to maintain full confidentiality regarding the entire course—especially concerning the subject of the course, the activities, the works, creations, and other results, as well as the circumstances of their creation—and may not disclose, publish, or make any information public, except as otherwise specified in a signed written agreement necessary for completing the course. Acceptance of these conditions is a prerequisite for enrolling in the course. By selecting the 'Course Registration' option, the student acknowledges awareness of these conditions and agrees to participate in the conclusion of the relevant agreement.